

Intervention and Support Resources

Community resources are available to assist people who may be abusing substance or dealing with an addiction to heroin and other drugs. The resources below may be helpful to you.

Organization	Contact Information	Additional Information
Assisted Recovery Center of America (ARCA)	www.arcamidwest.com 314-645-6840 6651 Chippewa St. Louis, 63109	Medically assisted detoxification. Inpatient, outpatient and transitional living treatment programs.
Bridgeway Counseling Services, Inc.	www.bridgewaycounseling.com 636-758-1152 St. Louis City: 314-535-5246 St. Charles: 636-757-2300	Medically assisted detoxification. Comprehensive services in the areas of addiction, sexual assault, domestic violence, recovery, mental health, adolescent outpatient. Located in St. Louis, St. Charles, and Lincoln Counties.
Crisis Intervention Hotline	314-302-6728	Comprehensive Substance Treatment and Rehabilitation(CSTAR), medically assisted detoxification and methadone treatment programs. Medical evaluations and referral services targeted to the opiate user. Individual, family and group therapy. Medicaid and private pay patients.
COMTREA	www.comtrea.org 636-931-2700	Several Jefferson County and South St. Louis County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and special programs for domestic violence as well as 24 hour crisis services.
Narcotics Anonymous (NA)	www.na.org 314-830-3232	Several locations of support groups.
Preferred Family Healthcare, Inc.	www.pfh.org 314-772-2205	Several locations of support groups.
St. Louis Youth Connection	www.youthinneed.org 314-628-2929 or 877-928-2929 Text: 4HLP to 31658	Outreach, emergency housing, mental health and 24 hour help line.
Youth In Need Hotline	636-946-3771	St. Charles County emergency shelter and 24 hour help line.