

Meet Mr. Garlic

Mr. Garlic wants you to know:



- ✓ I am very flavorful!
- ✓ You can find me in whole cloves or crushed!
- ✓ I can be used fresh or dried!

Help Mr. Garlic by decoding his secret message!

 am  for your 
 _ am g___ for your _e___

Flip the page upside down to see the answer!

Answer: I am good for your heart

Can you draw Mr. Garlic?

