



Finding Ways To Be Kind

Hurtful (or even bullying) behavior can cause others to be harmed, humiliated, or intimidated. Finding ways to be kind is important, and can happen in a variety of ways.

Hidden below are examples of things we can do to spread kindness. The phrases may be up, down, diagonal, or backwards. Look for kindness, and see what you can find!

C T M G R X S T P H O B G P W J
 V A P A Y M F C E B E K F S I S
 L L H Q I Y F E H D J L R Q H A
 M K L L A D J P D U Q O P N R Y
 M I I Z O S W S J X M F B I B I
 H N Z I V R E E B U Z G K T N N
 G G D O Q L G R R V X N Q Z Y G
 A Y K B E I N G A F R I E N D H
 Z H N T X U N N C Q J D E A B E
 C J K D C I V I A R R U X V M L
 X M G D P O I W E S Z L O D F L
 Q L F P Z H S O A W V C Q O L O
 X Q O M G Z A H Q I K N C V W X
 O T U D Y A N S R E W I U X V G
 S G N I T A R E P O O C U O W N
 K W W T C S W E L C O M I N G R

WORD BANK

BEING A FRIEND
 SHOWING RESPECT
 COOPERATING
 SMILING
 HELPING
 STOPPING RUMORS
 INCLUDING
 TALKING
 SAYING HELLO
 WELCOMING

Can you think of more examples of kind behavior?

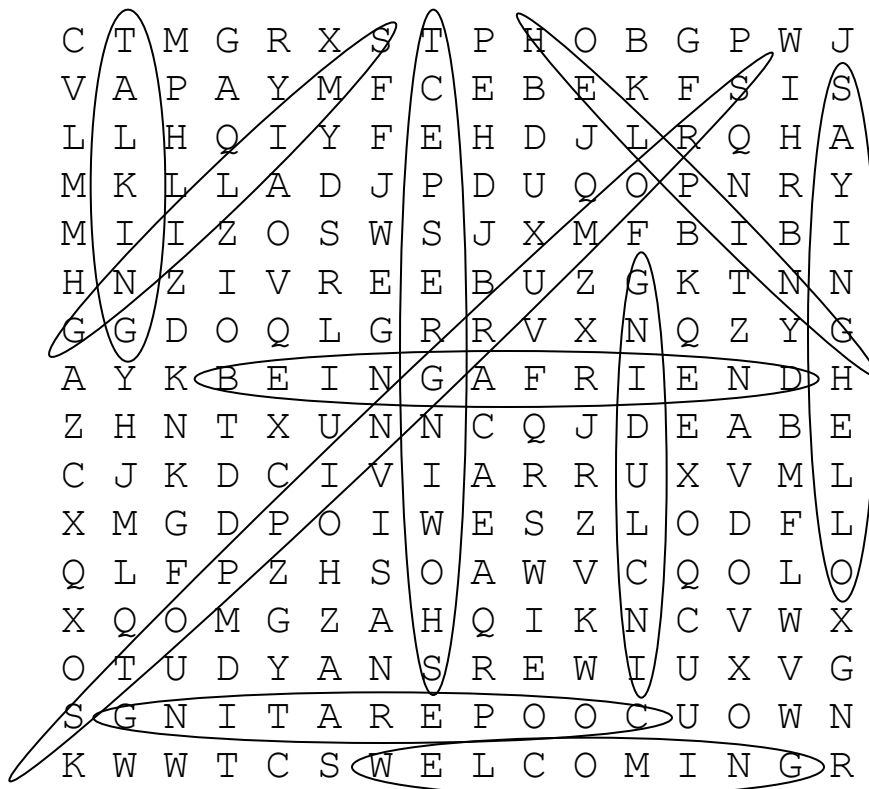
Your words and actions make a difference, so keep finding ways to
be kind!



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Your words and actions make a difference, so keep finding ways to **be kind!**