Healthy relationships are built on a foundation of respect. This means that both people can talk openly, honestly and freely to each other - without feeling pressure to act or think a certain way. People in healthy relationships take turns making decisions, support each other and talk things through to make sure both people are heard. Healthy relationships are a choice. But to get respect you have to give respect. Identify the characteristics that will help you give and get respect in any relationship you have.

Word Bank

Appreciation  Communication  Consent
Empathy  Encouragement  Equality  Fairness
Happiness  Honesty  Intimacy  Love
Respect  Responsibility  Safety  Security
Support  Trust  Understanding
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**Answer Key**

F X N H D E T Y Q Y H Y Q Y S  
E S G F W L T L O V E O N T A  
E E S F U I O H Y Q V O G I P  
U N D E R S T A N D I N G  L P  
E Y C U N S L S I T J Y V I R  
C H C O U R U T A A H C T B E  
G E O R U P I C M A O A E I C  
S N T N P R I A P L Z M F S I  
R V I O E N A P F E S I A N A  
E E R R U S I G T E T T S O T  
S T K M A N T C E B Q N D P I  
P B M F E G H Y C M M I E S O  
E O T S V E G O N S E N T E N  
C S S Y T I L A U Q E N R R Z  
T Y H T A P M E N S A A T I R