Choices and Consequences

Every choice has a consequence, either positive or negative. Even trying tobacco, alcohol, or other drugs has consequences. Each story below requires you to make a choice. Read the stories below and discuss what consequences may follow.

Steve’s mother, who is a smoker and is trying to quit, leaves a half smoked cigarette in the ash tray. She is in the other room on the phone. Several of Steve’s friends have started experimenting with smoking and have been making fun of him for not trying with them. You can walk away, or try the cigarette.

What are the consequences of each choice?

Suppose you and your older cousin are hanging out. Some people at school talk about your cousin smoking weed and he asks you what you think about it. Before you know it, your cousin is lighting a joint and passing it to you. You can refuse, or accept the joint.

What are the consequences of each choice?

Rachel is at a weekend cookout and she asks her favorite uncle what he is drinking. He tells Rachel its beer and offers her a sip saying “One sip won’t kill you!” She can accept or refuse.

What are the consequences of each choice?