National Health Education Standards addressed in Safety Programs

- Health Promotion and Disease Prevention
- Health Influences
- Health Information, Products and Services
- Using Communication Skills to Promote Health
- Reducing Health Risks
- Setting Goals for Good Health
- Health Advocacy

314-286-0460
bjcschooloutreach.org
Making and keeping friends, getting along with adults and effectively managing conflict are all essential to reducing and preventing school violence.

BJC School Outreach and Youth Development can help students understand the impact of bullying behaviors and provide training for healthy interactions. Fun, interactive sessions by BJC health educators include materials for reinforcing learning objectives.

**Buddies for grades K-3:**
Four 30-minute sessions introduce friendship skills, ways to include others and understanding personal responsibility for creating a bully-free school culture.

**Buddies for grades 4-5:**
Four 45-minute sessions teach students to recognize bullying behaviors, empower witnesses, foster forgiveness and incorporate strategies for making and keeping friends.

**ConneXtions for grades 5-8:**
Four 45-minute sessions teach students to define bullying and its causes, communicate effectively, send and post content responsibly, and acknowledge the role devices play in overall health.

**Intersections for grades 6-8:**
Six one-hour sessions teach students the necessary life skills to improve social and interpersonal skills to build resiliency.

For more information, call the BJC School Outreach and Youth Development program line at 314-286-0460 or go to bjcschooloutreach.org.