National Health Education Standards addressed in ConneXtions℠

• Health Promotion and Disease Prevention
• Health Influences
• Health Information, Products and Services
• Using Communication Skills to Promote Health
• Reducing Health Risks
• Setting Goals for Good Health
• Health Advocacy
Developed for middle school students, this program includes four sessions. The sessions focus on teaching students how to appropriately use digital communication to become better connected as individuals.

The program includes a pre- and post-test with the following topics:
- Communication – verbal, nonverbal and tone of voice
- Bullying in all forms
- Social media
- Problem solving
- Information sharing, posting and sending

For more information, contact BJC School Outreach and Youth Development program line at 314-286-0460 or go to bjcschooloutreach.org.

BJC School Outreach and Youth Development’s mission is to empower K-12th grade youth to make the best possible decisions regarding personal health, safety and health care career exploration.