

# Career Exploration



*BJC School Outreach and Youth Development's mission is to empower K-12th grade youth to make the best possible decisions regarding personal health, safety and health care career exploration.*



## Career Exploration Opportunities

BJC School Outreach and Youth Development works closely with experts at BJC member hospitals, Washington University School of Medicine, the Goldfarb School of Nursing at Barnes-Jewish College, and the St. Louis College of Pharmacy. Human Resources (HR) is an integral part of these programs as HR professionals discuss health care career options and the future of the health care industry.

**Career exploration opportunities are offered in the following formats:**

**School-based health career presentations** provide students with the opportunity to learn about health care professions in a classroom setting or career fair.

**Job shadowing** provides a high school student who is at least 17 years of age with an opportunity to observe a health care professional. Often the shadow reinforces the student's interest in a particular career or eliminates it as a career choice.

**Intern and externship** opportunities are available through formalized legal agreements with school districts in the region. Opportunities are designed in collaboration with the school district administration for the student who has shown a high interest in health professions.

**Group career exploration** allows a high school group of up to 25 students to explore careers in health care including non-patient care areas. This visit to a BJC hospital occurs after a classroom presentation by a BJC School Outreach and Youth Development careers team member.

## Adventures in HealthCare Camp

BJC School Outreach and Youth Development offers a week-long Adventures in Healthcare Camp for seventh and eighth graders. The students explore careers such as nursing, radiology, pharmacy, respiratory care and health information technology. This week-long adventure may be open to other businesses within the community that have an interest in enhancing the career choices and educational experiences for their employees' children. A fee is required for each participant with a minimum of five and a maximum of ten students at each location.

## Health Career Partnerships

BJC School Outreach and Youth Development lends its business expertise by participating in school business partnerships, facilitating professional development and serving on career advisory boards.

**Core learning objectives addressed in career development and planning:**

- Acquire information about health care careers, personal interests, strengths and limitations to develop short and long-term postsecondary plans
- Apply learning through practical experience that develops knowledge and skills necessary for success in careers and postsecondary education
- Adapt to meet changes in personal needs and the health care workforce



Find us on   



BJC HealthCare

For more information, please call BJC School Outreach and Youth Development at **314-286-0460** or visit our website at **[bjcschooloutreach.org](http://bjcschooloutreach.org)**