

INSIDE



A note from Steve
First attempt at 'repeal and replace' falls short
| PAGE 2



Celebrating a new start
Employees celebrate by "breaking ground" at Barnes-Jewish West County
| PAGE 3



Making Earth better
Boone employee heads plastic recycling effort
| PAGE 11



Gathering STEAM
BJC inspires 800 girls at outreach event
| PAGES 12-13



On deck
Plan now for BJC Day at the Ballpark
| PAGE 24

HEADLINE NEWS
| PAGES 2-5

FOR YOUR BENEFITS
| PAGES 6-7

FOR YOUR HEALTH
| PAGES 8-9

NEWS AROUND BJC
| PAGES 10, 14-15

BJC PEOPLE
| PAGE 11

WHERE YOU WORK
| PAGES 17-22

ETC.
| PAGE 23

BJC HealthCare

NEWS AND INFORMATION FOR THE PEOPLE WHO BRING BJC HEALTHCARE TO LIFE

BJC TODAY

APRIL 3, 2017 • VOL. 20, NO. 7



Triplets times three

| PAGE 5

Dr. Michael Paul delivered what could be the starting line-up for the 2037 Cardinals, three sets of triplets, at Missouri Baptist Medical Center in November and December.

| Photo by Chris Malacarne

BJC inspires more than 800 girls at STEAM event

March 15 event focused on science, technology, engineering, arts and mathematics

by Patty Johnson

BJC | BJC employee Bonnie Brayshaw experienced a moment of panic while teaching a room full of seventh-grade girls about her career field during a recent Science, Technology, Engineering, Arts and Mathematics (STEAM) event.

“I was standing there presenting to these amazing young women, who were listening so carefully and looking up to me — and all I could think was, ‘I could barely even find two socks that matched this morning! What am I doing here?’” says Brayshaw, a business consultant/tech writer in information services.

“What I was doing, it turned out, was enjoying every minute of it, being inspired by the very kids I’d come to inspire, laughing with them at my occasional mistakes or the technical glitches, and, I hope, showing them that they don’t have to be perfect to lead interesting lives.”

The March 15 event, held at Washington University, provided STEAM-related experiences and opportunities for more than 800 seventh-grade girls from across Missouri. The girls observed presentations and engaged in hands-on activities in STEAM areas. Many of the girls who attended the event, which was free to all participants, came from rural areas throughout Missouri.

The Missouri Department of Elementary and Secondary Education’s Regional College and Career Consultants sponsored the event, along with Washington University and the University of Central Missouri. BJC School Outreach and Youth Development partnered with health care professionals from across BJC to provide the event’s health-related presentations and activities in the following areas:

- pharmacy
- radiology
- laboratory
- respiratory care
- home care/physical therapy
- EEG
- technical communication

Brayshaw was one of more than 50 BJC employees who volunteered to help with the event. Like her, the other BJC team members say the experience was extremely rewarding.

“I truly appreciated the opportunity to share our little-known field with these students,” says Melanie Sewkarran, St. Louis Children’s Hospital EEG. “Sharing our job with such a large group of fresh eyes and ears made me remember why I love what I do — and how cool it is. Even if they don’t end up pursuing a career in EEG, hopefully the exposure to something new helps them to realize that their possibilities are endless!”

Adds Amy Boyce, Barnes-Jewish Hospital radiology, “When going to these events, we always strive to inspire at least one young person. Today we felt like we were successful. We decided to stay for the closing ceremony, and we were very happy we did. The speaker asked the first young girl what her favorite part of the event was, and she said, ‘Radiology.’ This validated to us that we accomplished our goal today.”

Patty Johnson, pattyjohnson@bjc.org



The planning committee that coordinated BJC’s participation in the STEAM event included, from left, Sandra Young, St. Louis Children’s Hospital vice president of human resources, organizational effectiveness, and marketing and communications; Jennifer Irvin, BJC School Outreach and Youth Development school-community health education partner; Tameka Gauss, SLCH HR business partner; and Felicia Watkins, SLCH HR business partner. “It was an honor and privilege to partner with so many BJC facilities to encourage our young girls to pursue a variety of careers in health care,” says Young. | Photos by Tim Mudrovic



Jeanne Anderson, Barnes-Jewish Hospital laboratory supervisor, talks about laboratory careers with participants. The STEAM laboratory displays were the result of a partnership between laboratory staff from BJH and St. Louis Children’s Hospital.

Rim Hadgu is one of the success stories of BJC School Outreach and Youth Development. Hadgu was part of the BEST Pharmacy Summer Institute in 2010, which exposes minority high school students to careers in health care, with an emphasis in pharmacy, while furthering their knowledge of science, technology and math. Hadgu is now a pharmacy student who works in the BJH pharmacy, and was a presenter at the STEAM event.



SLCH respiratory care team



Lisa Cracchiolo, SLCH respiratory care team member, describing pig lungs.



A STEAM participant tests Services physical therapists



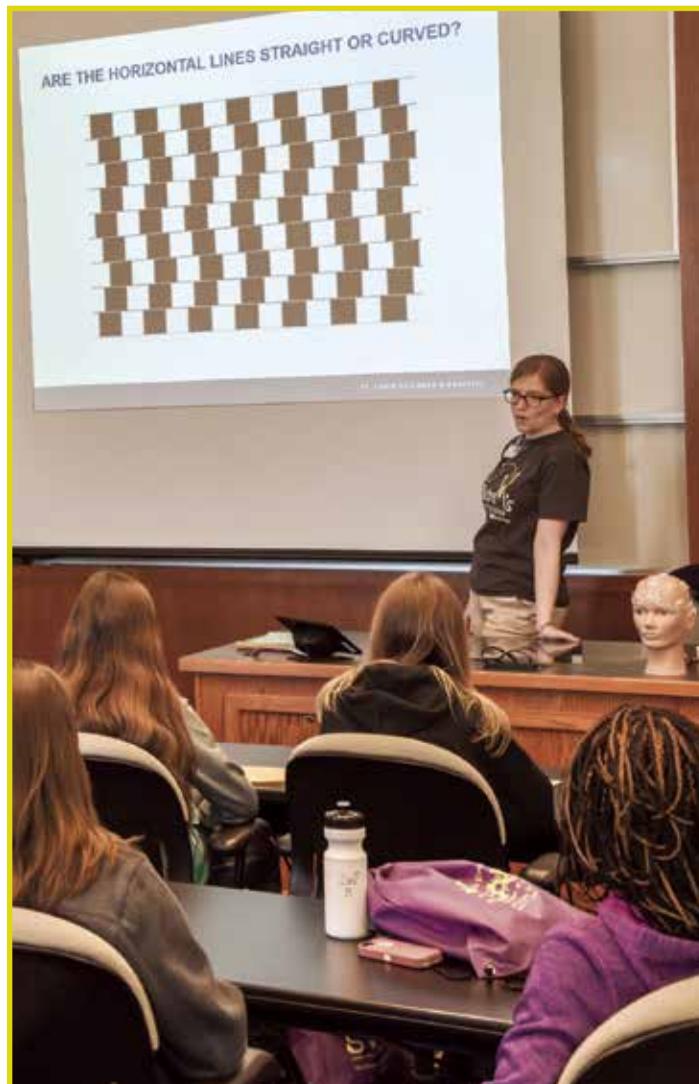
Team members, from left, Lacey Gold, Lisa Cracchiolo and Yvonne Eheeler-Neal prepare a demonstration.



Respiratory care, addresses STEAM participants, while



her balance in a session presented by BJC Home Care at Katherine Meirink.



Melanie Sewkarran, SLCH EEG, shares information about her career with STEAM participants. "Even if they don't end up pursuing a career in EEG, hopefully the exposure to something new helps them to realize that their possibilities are endless!" says Sewkarran.



Bonnie Brayshaw, BJC information services business consultant/tech writer, walks STEAM participants through some of the steps to write a procedure for tying your shoes. "I started with my own shoes, because I was all but sure the kids would think step No. 1 was, 'cross one lace over the other,' and I tried to follow that instruction while standing on one leg," Brayshaw says. "The proper place to begin this procedure is to tell me to sit down, right? That kind of made them go, 'Oh! We really have to think this through.'"

Why STEAM for girls?

Global research shows that women are underrepresented in STEAM industries. For example, according to the National Science Board, despite making up half of the college-educated workforce, women in recent years accounted for less than one-third of those employed in science and engineering.

Research also shows that engaging girls in STEAM activities between ages 10 and 14 influences them to seek careers in one of the five fields.

"This ties directly into our mission and our areas of focus within BJC School Outreach and Youth Development," says Jennifer Irvin, BJC school-community health education partner.

"BJC School Outreach and Youth Development provides health prevention education and career exploration opportunities for K-12th-grade youth. Our interactive programs equip young people with health knowledge and skills needed to make informed decisions around health behaviors and academic success," Irvin says.

"We know that when students are empowered in making career decisions, they avoid the bad habits that will derail their goals," Irvin adds. "And seventh-grade is a good age to start this. It's very powerful. We've seen the outcomes."

Those outcomes include a number of students who, in the past, participated in BJC School Outreach and Youth Development programs and went on to pursue health care careers. Many of them now work at BJC.

"Jennifer Irvin follows up individually with all of the kids who attend BJC presentations and participate in programs, suggesting ways for them to continue to explore the careers that interested them," says Bonnie Brayshaw, BJC IS, who participated in the event. "She lets them know about local resources and sometimes reaches out to their teachers as well, to offer ways they can continue to keep these girls interested and learning more about the possibilities that are open to them."

"I want to send a big 'Thank you' to the entire team for making this career event such a success," Irvin adds. "BJC School Outreach and Youth Development was asked several months ago by Missouri Regional College and Career Consultants to secure involvement to represent medical careers – and I was happy to say, 'Yes, we can do this.' After several months of meeting as a group, all of the team members pulled together – and together we rocked!"

